Counselor
College Recommendation Questionnaire

Name: ___________________________ Counselor: ______________________
Father’s Name: ___________________ Mother’s Name: _________________
Occupation: ______________________ Occupation: _________________
College(s) attended: ________________ College(s) attended: ______

Siblings:
Name     Age     School/College     Occupation
_________________ ___ ___________________________ _____________
_________________ ___ ___________________________ _____________
_________________ ___ ___________________________ _____________

Are you living with both parents?   Yes ☐   No ☐

If not, with whom do you make your permanent home? ______________

List five (5) adjectives which you, your family or your friends would use to describe you:
1. _______________  2. _______________  3. _______________
4. _______________  5. _______________

Your Education

1. Complete the following: “As a student, I feel my strengths are . . . “

2. Complete the following: “As a student, I feel my needs are . . . “
Your Education (Continued)

3. During your years here at SHS, have you ever been unable to schedule any courses that you had signed up to take? Yes □ No □ If yes, which courses and what year (9th, 10th, 11th or 12th)

4. Describe the single academic accomplishment of which you are most proud and why.

5. Describe the community service project you participated in that has made the most influence on your life.
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Your Education (Continued)

6. Do you believe your transcript is an accurate reflection of your ability? Yes ☐
   No ☐
   If no, please explain any extenuating circumstances that may have affected a portion of your record (i.e. parents divorce, psychological therapy, long illness, recent tragedy)
   Would you mind having this information in your recommendation?

7. If you have a learning disability, what steps have you taken to aid your learning? Would you mind if I mentioned this in your recommendation?
Your Goals and Values,
Your Personality and Relationships with Others

1. What is the best advice you have ever received and how have you used it?

2. Of all your activities outside of class, which are the most important to you and why?
Your Goals and Values, Your Personality and Relationships with Others (Continued)

3. What do you consider your most important accomplishment? This can be something for which you received recognition or something very personal that has meant a great deal to you.

4. If you excel at a sport or have musical or artistic abilities that could put you at an advantage in applying to college, what is the area and what are the accomplishments?

5. List 2-3 unique things about yourself that set you apart from other candidates (refrain from listing your strengths and weaknesses). Examples: *I have kept a diary since 7th grade, I have been in a television commercial, I speak fluent Russian, I have moved 8 times in the last 12 years.*
Your Goals and Values, Personality and Relationships with Others (Continued)

6. Describe yourself to a stranger using NO physical traits.

General College Questions

1. Do you have an idea of what you would like to pursue as a college major?

2. List all colleges you are presently interested in. Circle any that you have visited.

3. What do you want a college admissions officer to know about you? (Hint: Think of this as an opportunity to "sell" yourself to a college.)
General College Questions (Continued)

4. Give some examples of opportunities where you have demonstrated leadership skills.

5. Are you using an independent college counselor? If so, who and in what capacity?

And One More Thing . . . .

Please attach a resume to this form. Be sure to include the following:

* Achievements, awards and honors in school or elsewhere. Include memberships in any national honor societies here at SHS.
* Extracurricular school activities: sports, clubs and committees; include positions played and/or offices held.
* Out-of-School activities: town athletics, hobbies, lessons, leisure-time activities, church work, summer studies or travel, etc.
* Community Service and/or volunteer work.
* Employment: where you worked, what you did, average hours/week, when performed.
* Talents, skills, interests not mentioned in above categories.

If you have any questions on how to develop a resume or would like a sample resume to review, please see your School Counselor.