
Event Detail

Date: Wednesday, October 12, 2011

Event: Parenting Workshop Sponsored by SHORE - Joanie Geltman, MSW

Location: SHS Auditorium

Description:

S.H.O.R.E sponsoring parenting workshop - Joanie Geltman, MSW - October 12th, 7-9PM

Joanie Geltman, MSW

Child Development & Parenting Expert

SPONSORED BY S.H.O.R.E.

Joani Geltman, an expert in the field of Child Development and parenting has been working with parents, children, universities, schools, and private and public companies for over 30 years. Ms Geltman has developed a course especially designed for parents on understanding their child's cognitive and emotional and social development. This popular course has been offered at many private and public schools and for community groups. Adolescent Psychology-The Parent Version is in great demand at schools and community groups all over Massachusetts.

Please join us for this wonderful opportunity to hear Joanie Geltman, MSW talk about tweens and teens and help us to guide our parenting in these challenging years.

October 12th

7:00-9:00 PM

SHS AUDITORIUM

Check out her daily blog- <http://www.ioanigtman.com/>

Adolescent Psychology - The Parent Version"

- Identify your teen's "lightning rod, imaginary audience, and personal fables."
- Learn how to teen-proof your home.
- Learn how to teen-proof your relationship.
- Learn how to set appropriate limits so your teen will want to follow them.
- Develop effective tools for identifying and dealing with your teen's experimentation with sex, drugs, and alcohol.
- Separate high expectations from unrealistic expectations and their respective consequences for your teen's emotional well-being

In this seminar, Joani reviews the many physical, cognitive, and emotional/social changes that occur in adolescence. Adolescent brains are changing and this drives their behaviors. Teens have all these new ideas, thoughts, curiosity, and feelings happening at once and they don't have the emotional experience to handle the overload. I would like to help my audience understand that there is a context in which troublesome behavior occurs, it's not about bad kids or kids who are mean to their parents. It's about developmental changes that are out of control because teen's brains and bodies, their ability to understand, to conceptualize, to analyze, and to be introspective, are all brand new.

Remember sitting in front of your new computer with all its new bells and whistles. You are excited about the potential of what you can do it, but overwhelmed with all its options. Welcome to Teen life!" Joani's special brand of "infotainment" using humor, storytelling, and sending home parents with a "goody bag" of helpful techniques make this a must-come evening.