

## October 2011 Scituate Public School Lunch Menu

**ALL LUNCHEES ARE \$2.50**

**THERE IS NO MORE CHARGING OF SCHOOL LUNCHEES**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
<b>CHICKEN NUGGETS</b> <b>OVEN BAKED FRIES</b> <b>SIDE SALAD</b>  <b>FRESH FRUIT</b>	<b>NACHOS/CHEESE</b> <b>SALSA, SOUR CREAM</b> <b>AND CHILI</b>  <b>DISH OF FRUIT</b>	<b>PASTA W/ MEATSAUCE</b> <b>OR PLAIN</b> <b>SIDE SALAD</b> <b>ITALIAN BREAD</b> <b>JELLO</b>	<b>TACOS W/LETTUCE,</b> <b>TOMATO,SALSA</b> <b>CORN NIBBLETS,SIDE OF</b> <b>RICE, CORN BREAD</b>  <b>PEACHES</b>	<b>SAL'S NORTH END PIZZA</b> <b>GARDEN SALAD</b> <b>OR VEGGIE STICKS</b>  <b>DISH OF FRUIT</b>
10	11	12	13	14
<b>COLUMBUS</b> <b>DAY</b> <b>NO SCHOOL</b>	<b>CHICKEN PATTIES</b> <b>W/LETTUCE AND TOMATO</b>  <b>FRESH FRUIT</b>	<b>EARLY RELEASE K-12</b> <b>HS&amp;GATES</b> <b>LITE LUNCH</b> <b>ELEMENTARYS</b> <b>YOGURT ,BOWL</b> <b>OF CEREAL, FRUIT</b>	<u><b>ELEMENTARY</b></u> <b>FRENCH TOAST STICKS</b> <b>W/BACON</b> <u><b>HS &amp; GATES</b></u> <b>CHICKEN FAJITA</b> <b>WITH RICE,PEPPERS</b> <b>&amp;ONIONS</b>	<b>SAL'S NORTH END PIZZA</b> <b>GARDEN SALAD</b> <b>OR VEGGIE STICKS</b>  <b>DISH OF FRUIT</b>
17	18	19	20	21
<b>CHICKEN NUGGETS</b> <b>OVEN BAKED FRIES</b> <b>SIDE SALAD</b>  <b>FRESH FRUIT</b>	<b>GRILLED CHEESE OR</b> <b>GRILLED HAM &amp; CHEESE</b> <b>CUP OF SOUP,CARROT &amp;</b> <b>CELERY STICKS</b>  <b>MIXED FRUIT</b>	<b>MAC &amp; CHEESE</b> <b>SIDE SALAD</b> <b>WHOLE WHEAT ROLLS</b>  <b>APPLE CRISP</b>	<b>MEATBALL ON A WHOLE</b> <b>WHEAT ROLL,LOW FAT</b> <b>MOZZARELLA CHEESE</b> <b>HOT VEGETABLE</b>  <b>DISH OF FRUIT</b>	<b>FRENCH BREAD PIZZA</b> <b>GARDEN SALAD</b> <b>OR VEGGIE STICKS</b>  <b>DISH OF FRUIT</b>
24	25	26	27	28
<b>CHICKEN PATTIES</b> <b>W/LETTUCE AND</b> <b>TOMATO</b>  <b>FRESH FRUIT</b>	<b>CHOICE OF HAMBURGER</b> <b>OR CHEESEBURGER</b> <b>PICKLES,CONDIMENTS</b> <b>VEGGIE STICKS</b> <b>CHOICE OF MILK</b> <b>PEACHES</b>	<b>ROTINI W/</b> <b>MEATSAUCE OR PLAIN</b> <b>SIDE SALAD</b> <b>ITALIAN BREAD</b>  <b>JELLO</b>	<b>QUESADILLAS</b> <b>SIDE SALAD,RICE, CORN,</b> <b>SOUR CREAM AND SALSA</b>  <b>PEACH CRISP</b>	<b>SAL'S NORTH END PIZZA</b> <b>GARDEN SALAD</b> <b>OR VEGGIE STICKS</b>  <b>DISH OF FRUIT</b>
31				
<b>CHICKEN NUGGETS</b> <b>OVEN BAKED FRIES</b> <b>SIDE SALAD</b>  <b>FRESH FRUIT</b>			<b>MILK OFFERED DAILY:</b> <b>1% WHITE MILK</b> <b>LOW-FAT CHOCOLATE</b> <b>SKIM MILK</b>	<b>Monday-Chicken Salad</b> <b>Tuesday-Turkey&amp;Cheese</b> <b>Wednesday-Roast Beef</b> <b>Thursday-Bologna&amp;Cheese</b> <b>Friday-Tuna Salad</b> <b>PB&amp;J Daily</b>

**HIGH SCHOOL OFFERS DAILY: VARIETY OF SUBS MADE TO ORDER,FULL SALAD BAR,HAMBURGERS,CHEESEBURGERS GRILLED CHEESE, PIZZA, HOT SOUPS AND ASST.SANDWICHES WITH MAIN MENU.**

**ELEMENTARY'S OFFER DAILY: ASST SANDWICHES WITH MAIN MENU AND FRESH FRUIT DAILY**